

STEP 1

Cleansing Lotion

- 1/4 cup distilled water
- 2 1/2 tsp. witch hazel
- 1 tbsp rubbing alcohol
- 8 drops lemon, juniper, or lavender essential oils

In a glass jar or bottle, mix the essential oil with the alcohol, then add the rest of the ingredients. Shake well and apply with cotton pads.

RESULT: The aroma of this lotion smells pretty strong at first but it will effectively take your makeup off and leave you with a nice tingly hint of freshness.

STEP 2

Oatmeal Almond Face Scrub

- 1 tsp oatmeal
- 1 tsp ground almonds
- half tsp apple juice
- 1 drop geranium essential oil

Mix all the ingredients together and massage very lightly onto face. Rinse off immediately with luke warm water.

RESULT: Offers up smooth, soft, glowing results to the skin's surface.

STEP 3

Green Clay Purifying Mask

- 1 tsp apricot kernel oil
- 2 drops palmarosa (geranium oil)
- 1 tbsp green clay (Aztec Secret)
- warm water

Mix apricot oil & palmarosa together in a small dish. Put green clay in a small bowl. Add oil mixture and stir. Add just enough water to make a spreadable paste, and work the mixture thoroughly to incorporate all the ingredients. Immediately apply the mask and rest for 10-15 minutes. The mask will tighten slightly as the water evaporates. Finally, wash off the mask with warm water. Apply a toner and moisturizer.

RESULT: It tightens the skin and draws out impurities, making it appear smoother.

STEP 4

Toner

- 2 tbsp fresh squeezed and strained lemon juice
- 2 tbsp distilled water
- 3 tbsp rosewater
- 4 drops rosemary essential oil

Mix all ingredients together. Shake before using. Must be stored in the refrigerator and used within two weeks.

RESULT: This was really easy to make and felt refreshing on the skin. If toning is a normal part of your skin routine, there's really no reason not to make it yourself. So cheap, so easy! You can tinker with the ingredients and scents to make a variety of unique combinations.